

### C3 Group Questions

**Accountability:** Were you at church on Sunday to grow & learn? Did you read/listen to the Bible & pray this week on a regular basis? If so, share what stood out to you in your time with God?

**Ice Breaker:** What's the dumbest thing you've ever fought over?

**Review:** What one thing stood out to you (either helpful, insightful or troubling) from the weekend's message?

#### **Group Discussion:**

Share a time when an unmet expectation made you a lot angrier than it should have.

How does self-centeredness play into the things you fight about? Share examples & talk about how it could have been handled in a more "others-focused" way.

How aware of your own self-centeredness do you think you are? How could you get a more objective view of it?

What's the difference between reacting & acting? Give some examples of times when this was handled well.

#### **For Singles:**

How much of a problem would your friends & family say anger is for you? How do you see anger affecting your relationships?

Which of your relationships has the most conflict?

Describe someone who is really good at reconciling differences. What can you do to be better at it?

#### **For Married Couples:**

Kids, money, schedule, work, chores, holidays with in-laws? Which issue easily turns into a fight for you?

List some good things about your spouse. How difficult is it for you to focus on these things during a fight?

What's your impulse in a fight – to talk or walk? How does this fit in to your natural personality? What can you do to make this work better in your marriage?

How can this group pray for you this week? Who in this group can you pray for this week?

**Next Steps:** (*"Do not merely listen to the word.....Do what it says."* James 1:22)

- What will you do this week to restore a relationship damaged by fighting?