



“Why Are You Terrified?”
Questions Jesus Asked Series
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Matthew 8:23-17 (NABRE)

...“His faithful promises are your armor and protection. Do not be afraid of the terrors of the night.” (Psalm 91:1-2a; 4b-7 NLT)

In Jesus we have **PROTECTION** not **EXEMPTION**.

- Protection **IN** it not **FROM** it.

IDENTIFY the source.

- 3 **FALSE** Places where terror thoughts develop from.
 - 1) The **ENEMY** influences it
 - 2) The **WORLD** says it is inevitable
 - 3) **WE** choose to embrace it

“Therefore, prepare your minds for action, keep sober in spirit, **fix your hope completely on the grace** to be brought to you at the revelation of Jesus Christ.” (1 Peter 1:13)

You are not the **ONLY ONE** with scary thoughts.

- 40 days of terror in the wilderness.
- Jesus in the Garden:
“He plunged into a sinkhole of dreadful agony.” (Mark 14:33 MSG)
- **DEFEND** your borders **PROACTIVELY**
It’s not just what you **TURN OFF**, it’s also what you choose to **TURN ON!**

INVEST in God’s word.

“My son, pay attention to what I say; turn your ear to my words. Do not let them out of your sight, keep them within your heart; for they are life to those who find them and health to one’s whole body.” (Proverbs 3:20-22)

INVEST in the local **BODY**.

“If you want to have friends you’ve got to be friendly.”
(Proverbs 18:24)

“You will keep him in perfect peace, Whose mind is stayed on You, Because he trusts in You.” (Isaiah 26:3)

Take **EVASIVE** action immediately

“We are destroying speculations and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ.” (2 Corinthians 10:5)

RETALIATE appropriately