

## C3 Group Questions

**Accountability:** Were you at church on Sunday to grow & learn? Did you read/listen to the Bible & pray this week on a regular basis? If so, share what stood out to you in your time with God?

**Ice Breaker:** What is the biggest fish you have ever caught?

**Review:** What one thing stood out to you (either helpful, insightful or troubling) from the weekend's message?

### **Group Discussion:**

Read Jonah's prayer in Jonah 2:1-10. Then discuss the following questions.

Why is prayer often our last resort?

In one sentence describe how you view prayer.

On a scale of 1-10, rate your prayer life. What would make your prayer life more meaningful?

On a scale of 1-10, how much distress do you have to reach before you cry out to God? Why?

What are some worthless idols we can hold onto instead of putting our hope in God?

What are some ways we forfeit the grace of God when we trust in idols?

What idols do you need to give up?

In what way(s) has God brought you up from the pit?

How can this group pray for you this week? Who in this group can you pray for this week?

**Next Steps:** (*"Do not merely listen to the word.....Do what it says."* James 1:22)

- What will you do this week to intentionally connect more with God?
- What are you currently going thru that causes you to feel helpless, hopeless, or powerless?
  - Seek the Lord in the middle of this & ask Him to bring you to a deeper trust & dependence on Him.
- What worthless idols have you depended on to save you (keep you feeling secure or satisfied)?
- What commitments have you made to God that you haven't kept?
  - Surrender them & receive God's grace!