

"Stress Is Bad"
Do-Over Series
Pastor Mark
11.10.19

"The rich rule over the poor, and the borrower is a slave to the lender." Proverbs 22:7

## 3 Prayers:

- 1) "God, give me **SELF-CONTROL**."
  - "Like a city whose walls are broken down, is a person who lacks self control." Proverbs 25:28
- 2) "God give me **UNDERSTANDING**"
  - "My people are destroyed for a lack of knowledge." Hosea 4:6
- 3) "God, give me a PLAN."
  - "The plans of the diligent leads to profit as surely as haste leads to poverty." Proverbs 21:5
  - You can stumble into debt, but you never stumble **OUT OF DEBT!**

## **C3 Group Questions**

<u>Last Week's Next Steps:</u> Did you gather at C3 on Sunday to express your faith? Did you build your faith this week through consistent time in prayer & God's Word? If so, share what stood out to you in your time with God?

**Ice Breaker:** Tomorrow you get \$300,000, no strings attached. What do you do with it?

**Review:** What one thing stood out to you (either helpful, insightful or troubling) from the weekend's message?

## **Group Discussion:**

What's your worst buyer's remorse story?

Take a minute to write down your three greatest financial stressors. How are they holding you back?

If money weren't an issue, how do you think your life would look different?

Have you ever experienced financial vulnerability? What was that like?

Have you developed any processes or habits that help you avoid financial bondage? What works for you?

What are a few things you can say no to?

Do you have a plan for paying off debt? Where do you plan to start?

How can this group pray for you this week? Who in this group can you pray for this week?

This Week's Next Steps: ("Do not merely listen to the word.....Do what it says." James 1:22)

 To help get out of financial debt, use this free Dave Ramsey tool to create your plan: www.go2.lc/debt