



## “Isolation”

### What Would Jesus Undo? Series

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4.5.20

Isolation is NOT just **PHYSICAL SEPARATION** or **BEING ALONE**. It is NOT the same as setting **BOUNDARIES**. Isolation is a loss of **CONNECTION**. It's literally being **OUT OF TOUCH**.

Feelings deserve our **ATTENTION**, not our **ALLEGIANCE** because there is a difference between **NEWS** and **TRUTH**.

**GOD'S BIG IDEA:** We are **NEVER ALONE**.

Creation: It's **NOT GOOD** for humans to be **ALONE**.

God: “I am/will be **WITH YOU**”

- ◆ His promise to Abraham, Isaac, Jacob, Joshua, Moses, Gideon, David, Solomon, prophets

Jesus: Immanuel means “**GOD WITH US**”.

- ◆ How he handled isolation and sought out alone time with God
- ◆ His promise of **HEAVEN** & the **HOLY SPIRIT**
- ◆ His new command: **LOVE ONE ANOTHER**
- ◆ His prayer for **UNITY**
- ◆ His example in Gethsemane and sacrifice on the cross
- ◆ His **GREAT COMMISSION**

Paul in prison:

- ◆ The Church is the **BODY** of **CHRIST**
- ◆ **NOTHING** can separate us from the **LOVE** of **GOD!**
- ◆ We share in **JOY** and **SUFFERING**

Parting shot: Now is the time for your **FAITH** to boss your **FEELINGS**, not the other way around.

## Message Discussion Questions

**Last Week's Next Steps:** Did you connect with the C3 family on Sunday to express your faith? Did you build your faith this week through consistent time in prayer & God's Word? If so share what stood out to you in your time with God?

**Ice Breaker:** When has being alone been a good thing for you? When has it been bad?

**Review:** What one thing stood out to you (either helpful, insightful or troubling) from the weekend's message?

### Group Discussion:

1. Read Proverbs 18:1. Why is spiritual isolation NOT a wise form of protection?
2. Read Psalm 139. What's your reaction to David's insight that God is with us everywhere and always?
3. Read Romans 8:31-39. How can this truth give us God's perspective on the news of this world?
4. Read Hebrews 10:23-25. According to this passage, why do we need each other?
5. What do God's repeated promises to be with us, to never leave us or forsake us mean to you?
6. How can this group pray for you this week? Who in this group can you pray for this week?

**This Week's Next Steps:** ("Do not merely listen to the word.....Do what it says." James 1:22)

1. What is something you can do today to exercise love for one another?
2. What will you do every day this week to stay connected?
3. Take communion with whomever you can, affirming God's constant connection to us and our connection to the body of Christ.

### Watch:

1. Susan Pinker's TED talk on the importance of social connection ([www.ted.com](http://www.ted.com))
2. Louie Giglio's "How Great Is Our God" talk ([www.youtube.com](http://www.youtube.com))
3. Brene' Brown—Empathy v. Sympathy ([www.youtube.com](http://www.youtube.com))