



“God Won’t Give You More Than  
You Can Handle”

Jesus DIDN’T Say That! Series

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**GOD’S BIG IDEA:** God regularly gives us more than WE can handle, but never more than HE can handle.

*“So if you think you are standing, watch out that you do not fall. No temptation has overtaken you except what is common to humans. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.”*

**–1 Corinthians 10:12-13**

1. Don’t WORRY.

*“Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life?*

*And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith?*

*So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For the pagans run after all these things, and your heavenly Father knows that you need them. But seek first his kingdom and his righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.”*

**–Matthew 5: 25-34**

2. Take HEART.

*“In this world you will have trouble, but take heart, I have overcome the world.”*

**–John 16:33**

3. HUMBLE yourself.

- Victory and peace come through SURRENDER.

## C3 Group Questions

**Last Week's Next Steps:** Did you gather at C3's online stream on Sunday to express your faith? Did you build your faith this week through consistent time in prayer & God's Word? If so, share what stood out to you in your time with God?

**Ice Breaker:** Have you ever had good intentions blow up in your face?

**Review:** What one thing stood out to you (either helpful, insightful or troubling) from the weekend's message?

### **Group Discussion:**

1. Discuss some Bible characters who admitted to having more trouble than they could handle. How did they respond?
2. **Read 1 Corinthians 10:12-13.** What are YOU REALLY most tempted to do when life seems to be piling up? What "way out" might God be offering you?
3. **Read Lamentations 3:22-24.** How does waiting and allowing for the daily mercies of God keep us from carrying burdens unnecessarily?
4. **Read 2 Corinthians 4:7-9.** What does it mean to have "this treasure" in "jars of clay"?
5. **Read Matthew 5:3-12.** Why would Jesus say we're "blessed" in the midst of adversity?

**This Week's Next Steps:** (James 1:22) This week we said God regularly gives us more than we can handle, but never more than HE can handle. If you're feeling overwhelmed, pray, "Lord, I can't do this anymore, trying to keep it all together. That's not why Jesus came, and it's not why I'm here. I surrender my situation to your will, and I give you all my burdens and cares, because I know you care for me. Help me to continually seek your kingdom righteousness first. In Jesus's name, amen."