



“Playing with Worry”
Playing with Fire Series
Pastor Mark
2.7.21

“Everything that does not come from faith is sin.” Romans 14:23

Worry is the sin of distrusting the **PROMISES & POWER** of God.

- “For God did not give us a spirit of fear (worry). He gave us a spirit of power and of love and of a good mind.” 2 Timothy 1:7
- “Do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more important than food, and the body more important than clothes?” Matthew 6:25

3 Statements that will help us stop the stranglehold of worry:

- 1) “I will do what God **ASKS ME TO DO**.”
 - “Do not merely listen to the word and so deceive yourself, but do what it says.” James 1:22
 - 2 things God will ask us to do:
 - a) God will ask me to **THINK** on the right things.
 - + “...take every thought captive to make it obedient to Christ.” 2 Corinthians 10:5
 - + *Philippians 4:8*
 - b) God will ask me to do what is **WISE**.
- 2) “I will give God what I **CAN’T DO**”
 - “Do not be anxious about anything, but in everything, by prayer and petition with thanksgiving, present your request to God. And the peace of God, which transcends all understanding, will guard your heart and your minds in Christ Jesus.” *Philippians 4:6-7*
- 3) “No matter what, I will **TRUST GOD**.”
 - “Seek first His kingdom and His righteousness, and then all these other things will be given to you, as well. Therefore, do not worry about tomorrow, for tomorrow will worry about itself.” *Matthew 6:33-34*
 - “Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge Him and He will make your paths straight.” *Proverbs 3:5-6*