

SERVICES OFFERED

Counseling for individuals, couples, families, adults and children.

Counseling focus can include, anxiety, depression, adjustment distress, Christian counseling, and general mental health needs.

GETTING STARTED

There are three steps to counseling care:

1. **Consultation:** A brief 15-30 minute meeting with our counseling director to explain services that are offered and help you make an informed decision for your care.
2. **Intake:** Initial session with your counselor to gather information and establish services. Consents are signed, and goals for therapy are established.
3. **Scheduled sessions:** Generally there are 6-8 sessions, with each session lasting 40-60 minutes.

509-627-2055 | c3tricity.com/counseling-prayer

ADDITIONAL RESOURCES

Financial Coaching

Ramsey Financial Coach Network

www.daveramsey.com/coaching

Sandi Paradiso

509-308-6383 | sparadiso50@gmail.com

Monday & Tuesday mornings, \$25/session (scholarships available), Dave Ramsey Certified

In-Patient Treatment

Free By The Sea

360-665-4494 | www.freebythesea.com

P.O. Box 399, Ocean Park, WA 98640

First Step Community Counseling Services

509-735-6900 | firststepccs.com

415 N. Morain, Kennewick, WA 99336

3221 W. Court St., Pasco, WA 99301

Addiction Support

<https://avenue.works> - Avenue creates a safe place for men to restore sexual integrity and women to overcome wounds from the impact of broken intimacy and trust.

PureDesire.org - Pure Desire Ministries Intl. provides a task centered treatment model for singles and married couples, delivered within the framework of sound biblical principles.


Avenue/Pure Desire Groups

Wed. & Thurs. Nights | c3tricity.com/relationships

Assessment & Treatment Associates

509-380-5292 | www.assesstreat.com

9221 Sandifur Parkway, Suite D, Pasco



C3
**COUNSELING
NETWORK**

C3 NETWORK COUNSELORS

In the event that you need services or time frames that are not available on campus, we have a network of counselors in the community you can reach out to. Below is a list of our network counselors with some brief information to help you make an informed choice.

† Christian Counselor * Christian Friendly Counselor

Ryan Bradley, LMHC †

Canyon Lakes Counseling

509-591-0462

1355 Columbia Park Trail, Suite E, Richland

Ages: all

Services: marriage, family, parent/child, trauma, adoption/foster care, general counseling.

Insurance: most insurances accepted, call to verify. Sliding scale fee available.

Kenneth Cole, PsyD †

Center for Psychological Services

509-737-9009 | c4p@center4psych.com

www.center4psych.com

6816 W. Grandridge Ave., Suite D, Kennewick

Ages: all

Services: forensic assessment, parenting evaluation, psychological evaluations, psychotherapy

Insurance: cash only

Carol Harting, MS, LMHC *

509-783-0927 | carolhartinglmhc@aol.com

1409 N. Pittsburgh St., Suite C, Kennewick

Ages: all

Services: abuse, anxiety, children's issues, depression, divorce, marriage/family, PTSD

Insurance: most insurances accepted, call to verify.

Jan Michael, MSW, LICSW †

Integrate Counseling Services

509-851-3280 | janmichaelmsw@gmail.com

8350 W. Grandridge Blvd., Suite 200, Kennewick

Ages: young adult - senior citizens

Services: abuse, anxiety, depression, relationships. Specializing in setting boundaries and shame resilience.

Insurance: Medicare, Premera/BlueCross, LifeWise, Aetna, United Behavioral Health, First Choice Health

BJ Olsen, MS, LMHC, Executive Director †

Emmaus Center (+ 7 more staff therapists)

509-295-6204 | bjo@theemmauscenter.com

emmauscounseling.org

1124 Stevens Drive, Richland (and Walla Walla)

Ages: all

Services: abuse, anxiety, depression, relationships, marriage, family. Telehealth appointments available.

Insurance: most insurance plans accepted

Melissa Parnell (online counseling) †

Parnell Relationship Counseling

360-334-7912

parnell-relationship-counseling.com

Ages: adult

Services: betrayal trauma, couples counseling

Jenny Rainey-Gibson, LMFT †

509-240-7991 | jraineygibson@gmail.com

3311 W. Clearwater Ave., Suite D-245, Kennewick

Ages: all

Services: marriage & family concerns

Insurance: most insurances accepted, call to verify.

Erin Reyes, MA, LMHCA †

Simple Seed Counseling

509-557-0993 | erin@simpleseedcounseling.com

Ages: preteens, teens and adults

Services: anxiety, depression, trauma, self-esteem, eating issues, suicidal ideation, self-harm

Insurance: out of network

Jessica Wallace, MA, LMHCA, NCC †

509-676-6735 | jessica@renewcounseling.care

www.renewcounseling.care

600 Shockley Road, Richland (inside Bethel Church)

Ages: adult

Services: couples, anxiety, history of trauma and related disorders, general mental health counseling.

Insurance: out of network