



“Stressed Out About My Money”

Stressed Out! Series

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“Come to Me all of you who are weary and carry heavy burdens, and **I will give you rest.**” Matthew 11:28

“Leave your **foolish ways behind** and begin to live, learn how to be **wise.**” Proverbs 9:6

4 Biblical ways we can get rid of Stress in our finances:

1. Learn to get **OUT OF DEBT**

- “The borrow is **slave** to the lender.” Proverbs 22:7
- “No one can serve two masters. You cannot serve both God and money.” Matthew 6:24
- A. Pick a **DATE** on the calendar.
- B. Build a **RESERVE**
 - ◇ “**Plan carefully** and you will have **plenty.** If you act too quickly, you will never have enough.” Proverbs 21:5
 - ◇ Start with an **EMERGENCY FUND**

2) Save **3-6 MONTHS** of living expenses.

- “**Stupid people** spend their money **as fast as they get it.**” Proverbs 21:20

3) Return **10%** of my income to **GOD.**

- Giving is about being **GENEROUS.**
- “Will a man rob God? Yet you rob me. But you ask, ‘How do we rob God?’ In tithes and offerings. Therefore, you are under a **curse.**” Malachi 3:8-9
- God withholds blessings from us because **WE’RE NOT DOING** what He can bless.
- “Bring the **whole tithe** into the **storehouse.** **Test me in this.** See if I will not throw open the floodgates of Heaven and pour out so much **blessing** that you will not have room enough for it.” Malachi 3:10
- God wants us to tithe because He wants to **BLESS US!**
- **WE CAN’T OUTGIVE GOD!**

4) Build wealth for **GOD’S GLORY**

- “**Good planning** and **hard work** lead to **prosperity.**” Proverbs 21:5
- “The wise have wealth and luxury. But fools spend whatever they get.” Proverbs 21:20
- God’s interested in our **HEART,** not our money!

“Don’t **worry** about anything, instead **pray** about everything.” Philippians 4:6-7