



## You-Turns

*Anxious for Nothing series*

Pastor Jason Strickling

4.28.24

*“Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.” • **Philippians 4:4-7***

### Main Points:

#### 1. Scripture Reference: **Acts 15:22, 25, 28**

- My takeaways:

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#### 2. Scripture Reference: **Proverbs 14:12**

- My takeaways:

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#### 3. Scripture Reference: **Proverbs 3:5-6**

- If you are around the wrong **people**, listening to the wrong **voices**, and living for the wrong **values**, what seems **right** will often be **wrong**.
- My takeaways:

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#### 4. Scripture Reference: **Romans 8:28**

- Church isn't a **place** you **visit**, it's an **identity** you **embrace**.
- What do you do when you don't know what to do? With a **posture** of **prayer** and **perspective** of **praise**, seek **God together first**, then do what **seems right**.
- My takeaways:

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## U-Turns

### Group Life Questions

1. Do you like making split-second decisions, or do you prefer to think before you leap?
2. Are there any simple decisions you have trouble making, like where to eat? Why do you think simple decisions sometimes seem so difficult?
3. Decision-making can seem complicated because we have too many choices and we're afraid of making costly mistakes. Which one of these reasons resonates most with you? How does it affect you?
4. Read Proverbs 14:12. Has there ever been a time you thought you made the right choice, only to later discover you were wrong? Why did you think you were right? What did you learn from that experience?
5. In what ways could a posture of prayer and a perspective of praise prepare you for making a right choice?
6. Are you facing a difficult decision? If so, how can you use prayer and praise to seek God and His will?
7. Do you know anyone struggling with a hard decision? How can you encourage them this week?
8. **Prayer for the week:** Father, thank You for the reassurance that You're always taking care of us and working for our good. Help us to rest in the knowledge that You have everything under control, even when we have difficulty knowing what to do next. In the name of Jesus we pray, amen.