

## Fear is a Liar

"Headlines & Heartlines" Sermon Series Pastor Adrian Schoonmaker September 18 & 21, 2025

When crisis hits, recognize your _	1
Resist²	
My grace is3 for you	
Take every thought4	
Reject5	
The Lord is your	6
Receive God's <sup>7</sup>	

## HEADLINES HEARTLINES

## **Discipleship Questions**

HEARTLINES
1. Where do you usually turn first when fear or crisis hits?
2. What does it mean to you that God is your ultimate source of help?
3. How can trusting in God help you resist anxiety in daily life?
4. What lies has fear tried to make you believe recently?
5. How do God's promises in Scripture give you courage when you feel afraid?

6. What does it mean that God never sleeps and always watches over you?

7. How can we remind each other to reject fear and put our hope in the Lord?

8. Which promise from Psalm 121 encourages you the most, and why?