

EST VERSION



OF YOURSELF

A Heart Not for Sale

“Best Version of Yourself” Sermon Series

Pastor Adrian Schoonmaker

January 18, 2026

1. What does it practically look like to “guard your heart” in this season of your life?
2. How have you personally experienced love being shown through sacrifice or consistency?
3. Why do you think allegiance matters so much in relationships?
4. Which quality—character, chemistry, or pace—do you tend to prioritize most, and why?
5. How can prayer shape the way we approach dating and relationships?
6. What does dating with clarity look like in real life, not just in theory?
7. Why is community important when navigating relationships?
8. Where might God be asking you to practice patience with your heart right now?